



St. Paul's Episcopal Church

The
Seventh
Sunday
after Pentecost

Suffolk, Virginia

July 7, 2024

If this is your first time at St. Paul's Church, welcome. We are delighted to have you worship with us today. Please take a moment and fill out a Visitor's Card and hand it to an usher or put it in the offering plate. Our worship service is contained in the red Book of Common Prayer. Most of our hymns are found in the blue *1982 Hymnal*, as is the service music which begins with an 'S' before the number (this music is located in the front of the hymnal). We also sing hymns from the green hymnal *Wonder, Love, and Praise*. These hymns have WLP before their number in this bulletin. Enjoy the service and please join us in the Parish Hall afterward for a time of fellowship and refreshment.

A Celebration of Holy Eucharist at 9:30

Organ Voluntary: *Prière*

— Henri Dallier

The Processional Hymn: *How firm a foundation* (stz 1, 2 & 5) **#636**

The Liturgy of the Word

The Opening Salutation:

p. 355

A Hymn of Praise: *Come, let us sing to the Lord*

S-35

The Collect of the Day (Proper 9):

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Today's Readings from Holy Scripture

The First Lesson: **Ezekiel 2:1-5**

The Lord said to me: O mortal, stand up on your feet, and I will speak with you.

And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me.

He said to me,

Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

The word of the Lord.

Thanks be to God.

The Response: Psalm 123

To you I lift up my eyes, *
to you enthroned in the heavens.

**As the eyes of servants look to the hand of their masters, *
and the eyes of a maid to the hand of her mistress,**

**So our eyes look to the Lord our God, *
until he show us his mercy.**

Have mercy upon us, O Lord, have mercy, *
for we have had more than enough of contempt,

Too much of the scorn of the indolent rich, *
and of the derision of the proud.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever.**

Amen.

The New Testament Lesson: **2 Corinthians 12:2-10**

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat.

On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations.

Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.”

So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The word of the Lord.

Thanks be to God.

The Sequence Hymn: *If thou but trust in God to guide thee* #635

The Gospel Lesson: **Mark 6:1-13**

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is

not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him.

Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching.

He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them."

So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon: The Very Rev. Dr. Keith Emerson

The Nicene Creed: p. 358

The Prayers of the People: Form VI p. 392

Birthdays: Margaret Coxe, Madison Goodwin, Ashley Greene, Cross Henderson, Jacob Kinder, Cassie Meakin, and Ashtyn Pacitto.

Anniversaries: Bob & Fran Ossman and Joby & Mindy Webb.

Parish Prayer List: Magdalena Barnes, Betsy Brothers, Norma Buchanan, Maya Cross, Rainey Dail, John Dickens, Hack Gallotta, Connie Garris, Connie Happel, Patricia Hundley, Diane Liles, Beth Lipphardt, Peggy Moore, Irma Mottley, Fran Ossman, Bill Peachy, Sally Perry, Barbara Powell, Dawn Powell, Janice Richie, Amanda Rowe, Lyn Snyder, and Stephanie Tomasco.

Today's Altar Flowers: Given in memory of the Leonard's and Reitter's who have come before us (family of Bob & Susanne Leonard).

The Confession & Absolution: p. 393

The Peace: p. 360

The Offertory

Special Music: **Sweeter as the Days Go By** – Geneser Smith
– Dee & Bill Sage, Dawn Powell, Pete Lipphardt, Quartet

The more I trust Him, the more I love Him; nothing good for me he'll deny.
The longer I know Him, the better I can show Him; I couldn't stop now if I tried.

*Oh, it gets sweeter as the days go by, it gets sweeter as the moments fly.
His love is richer, deeper, fuller, sweeter; sweeter as the days go by.*

The moment He saved me, His good Grace He gave me;
He placed His love down deep in my heart.

It's great joy in knowing with Him I am going and nevermore from Him to depart.

Oh it gets sweeter...

The Offertory Hymn: **Praise God, from whom all...** (stz 3) **#380**

The Holy Communion

Eucharistic Prayer C: p. 369

The Sanctus: **Holy, holy, holy Lord** **S-125**

The Lord's Prayer: p. 364

The Fraction Anthem:

Antiphon

Thom Robertson, © 2013



Choir: The bread which we break, is the communion of the body of Christ.
One body are we, for though many, we share one bread. (*All repeat Antiphon*)

The Communion of the People:

Every person who has been baptized into the Christian faith and life in the name of God: Father, Son, and Holy Spirit is welcome to receive communion in the Episcopal Church regardless of age or denominational affiliation.

You may stand or kneel at the Altar Rail. Gluten-free wafers are available. As per diocesan guidelines, communion wine is served from the common cup. If you opt for intinction, you may now do so on your own. The first Lay Eucharistic Minister will administer the common cup. The second will hold the cup for intinction. Please know receiving the Bread alone is considered to be 'full communion. If you are not able to negotiate the Chancel steps the priest will be happy to bring communion to you at your pew.

Most Sundays a member of the congregation will be available to pray with you privately after you receive communion. This person will be standing at the Prayer Desk next to the pulpit. We encourage you to take advantage of this wonderful opportunity for healing and grace.

The Communion Anthem: *Healer of our every ill*— Marty Haugen

**Healer of our every ill, light of each tomorrow,
Give us peace beyond our fear, and hope beyond our sorrow.**

You who know our fears and sadness, grace us with your peace and gladness;
Spirit of all comfort, fill our hearts. **Healer of our ...**

In the pain and joy beholding how your grace is still unfolding,
Give us all your vision, God of love. **Healer of our ...**

Give us strength to love each other, every sister, every brother;
Spirit of all kindness, be our guide. **Healer of our ...**

You who know each thought and feeling, teach us all your way of healing;
Spirit of compassion, fill each hearth. **Healer of our ...**

The Prayer of Thanksgiving after Communion: p. 365

The Blessing:

A Hymn: *Ye servants of God, your Master proclaim* #535

The Dismissal:

Let us bless the Lord.
Thanks be to God.

An Organ Voluntary: *Tumpet Tune in C*

— David N. Johnson

Calendar

- Today* **A Celebration of Holy Eucharist** at 9:30 followed by a **Coffee Hour** in the Parish Hall.
- Mon.* **The Vestry** meets beginning with a meal at 6:30.
- Tue.* **Bach's Lunch Concert** begins at 12:10. Bring a bag lunch for after the service.
- 7/14* **A Celebration of Holy Eucharist** at 9:30 followed by a **Coffee Hour** in the Parish Hall.
- 8/4* **Music for Piano and Organ** at 4:00 presented by Thom Robertson and Marty Barstow of Green Acres Presbyterian Church.

Assisting in Today's Service

Altar Guild

Bunny Lewis
Marty
Wilson

Acolytes

Landyn
Begley
Camden
Young

Readers

Bill Sage
Jan Gates

L.E.M.s

Nina
Matukewicz
Mary Ellen
Baur

Vestry Ushers

Susan Neri

Announcements

FYI—the Vestry has reassigned and painted **parking spaces for handicap accessibility** as part of our ongoing efforts to make the building more user-friendly for people with walkers or wheel chairs. It also brings the spaces up to current codes. Thanks to Dan & Susan Jones for their work on this.

The Bishop: The Rt. Rev. Susan Haynes bishop@diosova.org

The Rector: The Very Rev. Dr. Keith Emerson Cell (804) 304-2061
keith@saintpauls-suffolk.org

The Parish Administrator: Cindy Cowan office@saintpauls-suffolk.org

The Parish Bookkeeper: Cindy Ritch bookkeeper@saintpauls-suffolk.org

The Music Director/Organist: Thom Robertson music@saintpauls-suffolk.org

The Christian Education Coordinator:

The Sexton: Macey Olenjack

The Nursery Attendants:

The Senior Warden: Bill Sage The Junior Warden: Susanne Leonard

The Vestry: Jim Gordon, Dan Jones, Nina Matukewicz, T.D. Mottley, Terry Mottley, Susan Neri, Norma Spain (Registrar), and Marty Wilson

The Treasurer: Gail Pruden

The Parish Office: **757-539-2478** Open M-F 9:00am-12:00

The Parish Facebook page: www.facebook.com/stpauls.suffolk

The Parish Website: www.stpaulssuffolk.com